SỞ GD&ĐT TỈNH NINH THUẬN TRƯỜNG THPT NGUYỀN TRÃI	NĂM HỌO	A GIỮA KỲ I C: 2022 – 2023 NAC ANH 10	
Mã đề: 153 (ĐỀ CHÍNH THỨC)	Môn: TIẾNG ANH 10 Thời gian làm bài: 45 phút (Đề kiểm tra có 04 trang)		
Họ tên TS	Lóp SBD	Chữ ký GT	

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the<br/>other three in the position of primary stress in each of the following questions. (0.4m)Question 1: A. supportB. offerC. damageD. strengthenQuestion 2: A. resourceB. uploadC. delayD. issue

## Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions. (1.4ms)

Music has been integral to our lives. Not all types of music have favourable effects, for example, if  $\underline{it}$  is too loud or noisy or it distracts us from our work. However, in general, surprising benefits for health of music exposure have been discovered.

Overall, music has beneficial effects in pain relief. Listening to music can reduce sensation caused by chronic pain by up to 21% and depression by 25%. Music **therapy**, therefore, has been applied together with medication to reduce pain during childbirth and surgeries.

Research also shows that music also modifies heartbeat and blood pressure within a positive range. The heart beats faster as we listen to lively music and when the music slows, so do our heart and breath rate. In another study, old people suffering from high blood pressure reported significantly lower blood pressure as a result of listening to calm music after 30 minutes.

Apart from all those benefits, other effects are related to better sleep, strengthened memory and better general health. Most researchers conclude that our preference of music doesn't play the main role, but the tempo and the theme of the music we are exposed to are the most important factors that affect the remedy results.

**Question 3:** What is the best title for the passage?

A. How music affects our brain **B.** Music can reduce pain C. Helpful health effects gained from music **D.** Emotional and physical benefits of music Question 4: What does the word it in paragraph 1 refer to? A. music **B.** effect C. type **D.** work **Question 5:** The word "**therapy**" in paragraph 2 is closest in meaning to \_\_\_\_\_. **D**. recreation A. hurt **B.** remedy C. keyword **Question 6:** What is TRUE according to the passage? A. All types of music can produce positive results on health. **B.** Music hasn't replaced medicines during childbirth. C. 25% of sensation caused by pain can be reduced by music. **D.** Lively music is not good for the heartbeat. **Question 7:** What is the effect of music on people with high blood pressure? A. Their blood pressure is slightly lowered. **B.** Their blood pressure is greatly lowered. C. Their blood pressure is lowered after listening to exciting music. **D.** They can take less medicine. **Question 8:** What is NOT TRUE according to the passage?

A. We only achieve the best results when listening to our favourite type of music.

**B.** Music can help us have better memory.

<ul> <li>C. Music can improve our general health.</li> <li>D. Researchers have determined the most important element</li> <li>Question 9: What are the most important element</li> <li>A. The speed and theme of the music</li> <li>C. The type and sound of the music</li> </ul>	ts in music therapy? B. The rhythm and sound of the music		
Mark the letter A, B, C, or D on your answer sheet to indicate the underlined part that needs correction in each of the following questions. (0.6m)			
Question 10: Last $\underline{month}$ , my mother $\underline{makes}$ more $A$ B			
Question 11: Lan studied <u>hard</u> for the final test, <u>b</u>	-		
А	B C D		
Question 12: <u>A</u> new school is going to <u>be build in</u>	the neighbourhood <u>next</u> year.		
$A \qquad \qquad B \qquad $	D Deet to indicate the correct answer to each of the		
following questions. (2.2ms)	eet to indicate the correct answer to each of the		
Question 13: In this round , the have to fe	orm pairs and choose a song to perform with		
their partners.			
A. compete B. competitors	C. competitions D. competitive		
Question 14: To responsibility is to accept t	he duty of deciding for oneself what is right.		
A. bring B. make	•		
Question 15: Tuan is judged to be the most <u>talen</u>			
<ul><li>A. having outstanding ability</li><li>C. having athletic ability</li></ul>	<b>B.</b> having physical ability		
Question 16: How much do men share housework			
	C. attention D. notice		
Question 17: Doing chores together helpsA. destroyB. strengthen	C break D ruin		
Question 18: Many people adopt a becau			
A. green lifestyle	<b>B.</b> nomadic lifestyle		
C. rural lifestyle	<b>D.</b> healthy lifestyle		
Question 19: The media a major role in i	· ·		
	~ 1 ~ ~ 1		
A. give B. do Question 20: My father promised me a co	omic book on my 9 <sup>th</sup> birthday.		
	C. to buy D. buying		
Question 21: I tired now. I think I	_ at home and watch TV tonight.		
A. am - stay	<b>B.</b> am - will stay		
C. am being - am staying			
Question 22: That child has been eliminated			
A. by B. in	C. from D. at		
<b>Question 23:</b> Linh and Hung are talking about the - Linh: "How frequently do you go to the superm			
- Hung: """			
A. I want to buy some fruits.	<b>B.</b> It takes me 5 minutes.		
<b>C.</b> Yes, it's important to do it every day.			

## Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks. (1m) Each family forms its own set of values and decides what is most important to them.

Discipline also varies among families. Families have different ways of dealing with different

(24). In some families, one or both parents make all the decisions with no input from the children, (25) other families may encourage input from all family members before decisions are made. Perhaps you know of a family where there is equal decision making among family members.

There is no one family style for everyone. A family's style develops based \_\_\_\_(26)\_\_\_\_ each family's individual situation and the values they care about. For example, your family may be laid-back, while another family is very active and hurried. Many different ways of living together can work. \_\_\_\_(27)\_\_\_\_ makes a family strong is not just the number of people in it, whether its members are related, or their pace of life; people caring for one another and sharing their lives is what really matters.

Many families also share faith are religious activities with one another. As a Scout, part of your duty is to \_\_\_\_\_(28)\_\_\_\_ your best to make your family strong and help your family thrive. By doing this, you are helping to lay the foundation for a stronger community and society.

Question 24: A. benefits	<b>B.</b> disadvantages	C. issues	<b>D.</b> damage
Question 25: A. when	<b>B.</b> while	C. during	<b>D.</b> for
Question 26: A. with	<b>B.</b> in	C. on	<b>D.</b> at
Question 27: A. When	<b>B.</b> How	C. Who	<b>D.</b> What
Question 28: A. increase	<b>B.</b> develop	C. interest	D. do

Use the word suggested in brackets to rewrite each of the following sentences in such a way that it is the same as the original one. (1m)

Question 29: You can vote online for your favourite singer. You can send text messages. (or)
You can
Question 30: The band decided to delay their concert because the weather was bad. (made)
The bad weather
Question 31: My teacher said I had better think carefully before making any decision. (advised)
My teacher
Question 32: The Greens will paint this house and these cars for Christmas Day. (by)
This house
Question 33: They are monitoring the whole area with TV cameras. (being)
The whole area
<i>Question 34: In about 120 words, write a paragraph about ways to improve the environment. (1m)</i>

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## PHÀN LÀM NHÁP


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